

SOUTH KOREA

ONE WEEK BY BIKE

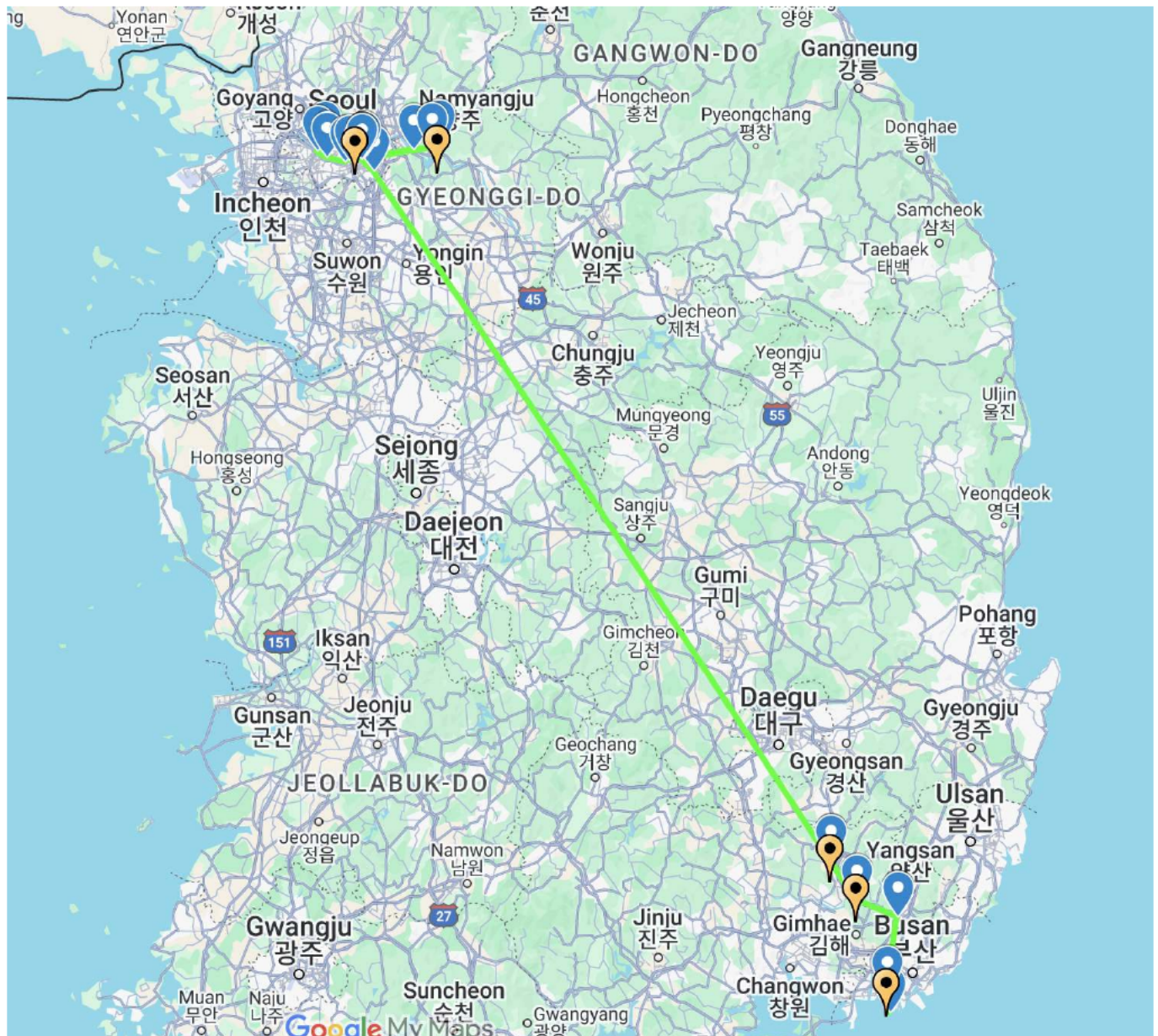
A tested family cycling itinerary



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ROUTE MAP



DAY 1 - BUSAN

Why it is worth the ride

- A free evening fountain show that local families love.
- A walk along the waterfront and Busan night views: the city's atmosphere.



A favourite free evening fountain show where local families gather.



The fountain is a much-loved free evening show with chairs set out for families. The roads here are very steep. Busan's waterfront is a must-see.

DAY 2 - DADAEPO TO MULGEUM

Why it is worth the ride

- Beautiful scenery and a comfortable route.
- Plenty of places to stop and take a break.



DAY 3 - MULGEUM TO MIRYANG

Why it is worth the ride

- Beautiful scenery and a comfortable route.
- Plenty of places to stop and take a break.



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추어탕

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DAY 4 - MIRYANG TO SEOUL BY TRAIN CHEONGDAM + COEX

Why it is worth the ride

- Beautiful scenery and a comfortable route.
- Plenty of places to stop and take a break.

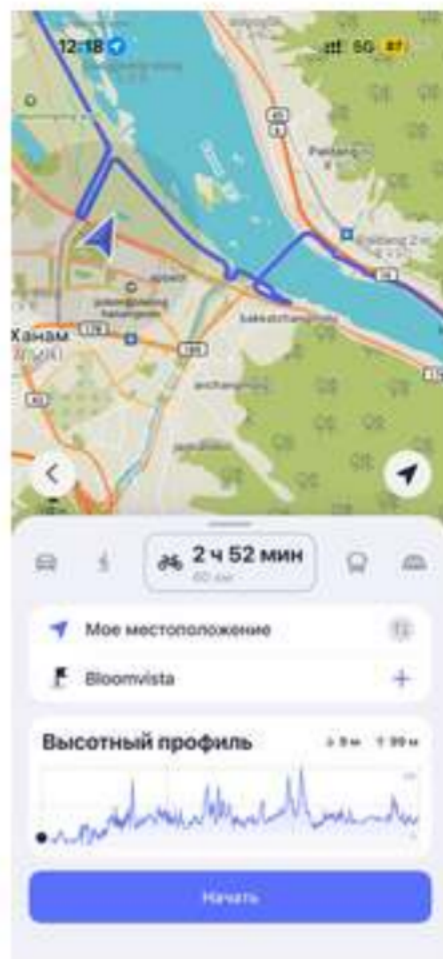




DAY 5 - SEOUL TO BLOOMVISTA

Why it is worth the ride

- 65 km along the Han River - flat and beautiful.
- A continuous bike path with plenty of rest areas.
- Finish at Bloomvista with a river view.



DAY 6 - BLOOMVISTA TO SEOUL

Why it is worth the ride

- Return along the Han River with a calm final pace and beautiful views.
- Breakfast at Bloomvista overlooking the river is the perfect start.
- Flower fields and cafes along the way.
- Finish by returning the bikes and enjoying that completed-the-quest feeling.





FAQ - PRACTICAL NOTES

BEST SEASON

September and October are ideal: warm but not hot. Spring can be rainy, so long rides are less predictable.

INFRASTRUCTURE

The full route is about 693 km and follows marked dedicated bike paths. Gradients are shown before climbs and descents. On roughly 250 km we only had to get off twice, both on short steep sections of about 100 m. The surface is smooth, drains do not interfere with the ride, and litter is rare.

FACILITIES

Simple toilet cabins appear about every kilometre. Many have sanitizer instead of sinks. Drinking fountains are common, although we chose bottled water. Cafes, restaurants and 7-Eleven stores usually appear every 10 km.

FITNESS LEVEL

You will meet serious cyclists as well as families with children. Passing etiquette is polite: riders warn you and say thank you. Useful phrases: joesonghamnida means sorry or excuse me; gamsahamnida means thank you.

OUR PACE

We planned 100 km per day but adjusted the route to our fitness. Busan to Yangsan: 20 km. Yangsan to Miryang: 20 km. Miryang to Seoul by train, then 10 km to the hotel. Seoul ride: 20 km. Seoul to Bloomvista: 60 km. Bloomvista to Seoul: 60 km. Combine cycling with trains whenever weather or energy calls for it.

GPX tracks: balu-travel.bsy4662n9q.chatgpt.site/guides/index.html

TRIP SUMMARY

This was one of our best trips. South Korea is an ideal country for cycle touring: smooth, safe bike paths, clear navigation, rest areas and water almost every kilometre. The infrastructure is built for people, so you enjoy the ride instead of fighting the route.

Logistics are simple. Pack the bike in a travel bag and take it on the train. Cafes and shops stay close to the trail, and accommodation is easy to find along the way.

My main takeaway: choose a comfortable pace, combine cycling sections with trains, and leave time for spontaneous stops. That is when the route really becomes yours.

See you on the bike path!

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